



RSVP

Lead with Experience

RSVP of Frederick County

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Asian American
Center of Frederick

L.I.F.E. & Discovery, INC
Learning Institute for Enrichment

RSVP Volunteer Opportunities in Frederick County

Exchange a little time for a lot of satisfaction through RSVP, the Retired and Senior Volunteer Program of Frederick County, America's largest volunteer network for people 55 and older. RSVP of Frederick County, through its partner agencies, provides a variety of opportunities for adults aged 55 and older to participate in volunteer service that addresses critical community needs.

If you are interested in these opportunities or are not sure how you would like to contribute your time and talents, please contact RSVP. We will match your skills and experience with an opportunity that suits you.

Some of our current opportunities include the following:

- **Frederick Memorial Hospital** is seeking volunteers to assist in a variety of areas, both at the main hospital building and at the offsite locations (Rose Hill, Crestwood, Mt. Airy, and Urbana). Volunteers serve at information desks where they greet and escort patients and visitors; as escort/messengers doing patient discharges and errands around the building; as sales associates in the gift shop and at Select Seconds thrift shop; and a variety of other service areas.
- **The Western Maryland Chapter of the Red Cross** is seeking volunteers to be presenters of "The Pillowcase Project." Using carefully assessed curriculum tools, this one-hour program provides emergency-preparedness education to youth in grades 3-5 in school and after school settings. Orientation and training is provided; volunteers will work with the Regional Pillowcase Project team to conduct outreach to schools throughout Frederick County. Program is implemented at schools during the day and at after school programs during the school year.
- **The Western Maryland Chapter of the Red Cross** is seeking Volunteer Safety Educators for their "Home Fire Preparedness Campaign." The American Red Cross is launching the Home Fire Preparedness Campaign to help reduce the rate of deaths and injuries due to home fires. As part of the home visit team, will visit homes at risk for home fires and help review a fire safety checklist with the resident.
- **The Religious Coalition** is currently seeking volunteers to assist in client intake. Duties include assisting clients with applications for emergency financial assistance for eviction notices, past due utility bills, prescription medication and healthcare requests. Volunteers work directly with clients. Patience, organization and ability to give and follow directions are essential with a sensitivity to the needs of the client. A strong desire and ability to learn in detail about the shelter's programs, procedures, services as well as the community services that may be applicable to the client is also desired. Orientation and training is provided. Shifts vary but volunteers are asked to commit to a minimum of four hours/one day a week.

- The **Habitat for Humanity ReStore of Frederick, MD** is looking for volunteers to help with merchandise stocking, cashiers, data entry person for posting on E-Bay of overstock items in the store and delivery drivers. Re-Store in Frederick, MD is open to the public and offers a variety of new and used quality building and home improvement products at a fraction of retail prices. Volunteering at the ReStore helps to ensure the success of Habitat for Humanity in bringing people together to build more homes, communities and hope. Orientation and training is provided at the store, shifts vary during the week.
- **Habitat for Humanity of Frederick County** is looking for volunteer project leaders to help the organization repair and build homes. Habitat is asking for people with experience in the building trades to volunteer their skills at project sites to help the projects move more quickly. Habitat works on a variety of housing projects throughout Frederick County and could use volunteers with a range of skills to help lead, and teach small groups of volunteers. Projects include home repair jobs as well as the entire home building process. Volunteers are needed for different shifts throughout the building process, during the week and on weekends.
- **The Literacy Council of Frederick County** has a critical need for volunteer tutors. In Frederick County, about 10% of adults do not have a high school education and 34% of the foreign-born population has trouble speaking English. As a volunteer tutor, you can help change these distressing statistics. You will assist adults in Frederick County with reading, writing and English-speaking skills needed to achieve personal goals and integrate more fully into the community. Volunteers average about one to two hours per week working with their students. Must be fluent in English, teaching experience or knowledge of a foreign language is not required. A one-year dedication to this role is required with ongoing training.
- **The Seton Center** in Emmitsburg assists low-income families, primarily in northern Frederick County, by offering supportive human services through advocacy, information, and material or financial aid. Sponsored and staffed by the Daughters of Charity of St. Vincent DePaul, local residents, and volunteers, the center provides services to all members of the community. Volunteer opportunities include: greeting guests, assisting with finding appropriate staff for meetings or visits and other office duties as needed. Shifts available Monday-Friday.
- **The Seton Center Thrift Shop**, located in Emmitsburg, is seeking volunteers to assist with merchandise sorting and pricing. Volunteers will assist in receiving, sorting and pricing of items, clean and test merchandise donated to the Thrift Shop for sale. Will also evaluate items, adhere to pricing guidelines and use appropriate resources provided by the Thrift Shop. Applicants must complete a background check and attend orientation. Shifts are available during the day, Monday-Saturday.
- Transportation is a critical need for older adults who no longer drive, but want to stay in their own homes and live independently. Trips to medical appointments, grocery shopping and other errands provide homebound individuals the assistance they need to “age in place” where they most desire to be: in the familiar surroundings of their own neighborhood. Through **Partners in Care**, volunteers enable those in need to stay “connected” to the services they need. Help when you can to keep older adults independent in their communities. Volunteers provide transportation during the day, Monday-Friday, and some weekends as needed.

For information on these and other opportunities, please contact RSVP at RSVP@aacfmd.org or call us at 301-600-7900.